

Obsessive Compulsive Disorder For Dummies

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Obsessive Compulsive Disorder For Dummies

But I knew dummies didn't come to life ... I started seeing a cognitive behavioral therapist (CBT) for my Obsessive-Compulsive Disorder (OCD). The therapist was a nice woman with brown hair ...

I Want to Break Free From my OCD

Such behaviors share similarities with human obsessive compulsive disorder (OCD), and have been referred to as OCD or compulsive disorders (CD). Obsessive compulsive behaviors in people include ...

What Looks Like a Seizure But Isn't - Five Seizure Imposters

A triad of pathologies has been historically-grouped under the generic term of ED: MCD, OC, or OCD and UAP. EI may have a key underlying role in most manifestations and may also be associated with ...

Developmental Elbow Disease - How I Treat?

Written by internationally recognized experts, this comprehensive CBT clinician's manual provides disorder-specific chapters and accessible ... University of East Anglia Rhena Branch co-authored CBT ...

Evidence-Based Treatment for Anxiety Disorders and Depression

I have been counseling for 31+ years. I am a published author of the book Maturation Through Marriage and The Enticement of Divorce and am available for seminars in churches and group ...

Psychology Today

I've also taken some time to learn and practice new things to support my mental health, such as meditation and reading/researching about anxiety and OCD. I also love to run, and having an exercise ...

Yahoo's Mental Health Month Logo Swap

Comedy shows at the Edinburgh Festival Fringe since 2000, plus selected shows from other comedy festivals, such as Melbourne and Montreal's Just For Laughs; plus national tours and other miscellaneous ...

Shows (ALL - Edinburgh Fringe 2011)

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