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pasta sauces to make
using your
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recipe serves 1 and all

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fall below 100, 200,
300 & 400 calories
making it easy for you
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NUTRIBULLET Soup

Recipe Book:

Delicious, Quick ...

Pour water over the top
(add ice if you want).

50% fruit (as many Add
1/8 to 1/4 nuts and/or
seeds if desired.

varieties as possible!)

Twist on the

NUTRIBULLET blade

and blend until

smooth. LEAFY GREENS

- 50% Collard Greens

Swiss Chard...

NUTRIBULLET

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controlled diet then
soup can be the
perfect choice. Recipes
Include: Parsnip &
Sweet Potato Soup
Macaroni & Bean Soup
Chilli Carrot Soup

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Living. Detox & Feel
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green vegetables are some of the most healthy foods on the planet and turning them into smoothies makes them even more digestible and therefore healthier than just eating plain greens.

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unquestionably one of
the highest
performing smoothie
creators on the market.
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compact design look
great in any kitchen.
It's simple to use, easy
to clean and the results
are

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section for kids too, we wanted to give you as much variety as possible, showing you that

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